

BSC IN PARAMEDICAL TECHNOLOGY III YEAR
DEPT. OF COMMUNITY MEDICINE
GMC NAGPUR

Time: 1pm to 2 pm

DATE	DAY	TOPIC	TEACHER
01-12-2021	WEDNESDAY	Foods we eat: classification and nutritive values	DR.ABHAY CHAVAN
02-12-2021	THURSDAY	Nutrients: functions, sources, requirements & deficiency disorders.	DR.RUSHALI LILARE
03-12-2021	FRIDAY	Carbohydrates, fats, proteins, iron, calcium, vitamins A, B, C, D.	DR.KOMAL MORE
06-12-2021	MONDAY	Recommended dietary allowances in all ages and physiological status	DR.MAHESH JAULWAR
07-12-2021	TUESDAY	Balanced diet	DR.PRAGATI RATHOD
08-12-2021	WEDNESDAY	Protein energy malnutrition: causes, prevention and control	DR.BHAGAYSHREE G.
09-12-2021	THURSDAY	Nutritional assessment of individual, family and community. (anthropometric, clinical and d	DR.ABHAY CHAVAN
10-12-2021	FRIDAY	Practical-Dietary assessment of 5 individuals by 24 hours recall method.	DR.RUSHALI LILARE
13-12-2021	MONDAY	Preventing food losses in cooking and methods of increasing nutritive value of foods (ferr	DR.KOMAL MORE
14-12-2021	TUESDAY	Dietary modifications in common diseases such as malnutrition in children, diabetes, etc	DR.MAHESH JAULWAR
15-12-2021	WEDNESDAY	Clinical assessment of underfive child (Atleast 5)	DR.PRAGATI RATHOD
16-12-2021	THURSDAY	Nutritional monitoring	DR.BHAGAYSHREE G.
17-12-2021	FRIDAY	Nutrition education	DR.RUSHALI LILARE
20-12-2021	MONDAY	Practical- Nutrition education to 5 mothers of underfive children.	DR.ABHAY CHAVAN
21-12-2021	TUESDAY	Visit to Anganwadi	DR.KOMAL MORE
22-12-2021	WEDNESDAY	Milk borne diseases, milk quality and milk pasteurization.	DR.MAHESH JAULWAR
23-12-2021	THURSDAY	Practical-Anthropometric assessment of 5 underfive children.	DR.PRAGATI RATHOD
24-12-2021	FRIDAY	Case taking -Protein energy malnutrition	DR.BHAGAYSHREE G.
27-12-2021	MONDAY	Sanitary assessment of a restaurant / cooking area.	DR.ABHAY CHAVAN
28-12-2021	TUESDAY	Practical-Sanitary assessment of hostel mess.	DR.RUSHALI LILARE
29-12-2021	WEDNESDAY	Visit to hospital kitchen	DR.KOMAL MORE
30-12-2021	THURSDAY	Nutritional supplementation programmes: PANNA, vit A prophylaxis, midday meal	DR.MAHESH JAULWAR
31-12-2021	FRIDAY	Food adulteration and methods of detecting food adulteration.	DR.BHAGAYSHREE G.
		Practical-Detection of food adulteration in milk, tea leaves etc.	

INCHARGE OF BPMT
 COMMUNITY MEDICINE

PROFESSOR & HEAD OF DEPARTMENT
 COMMUNITY MEDICINE